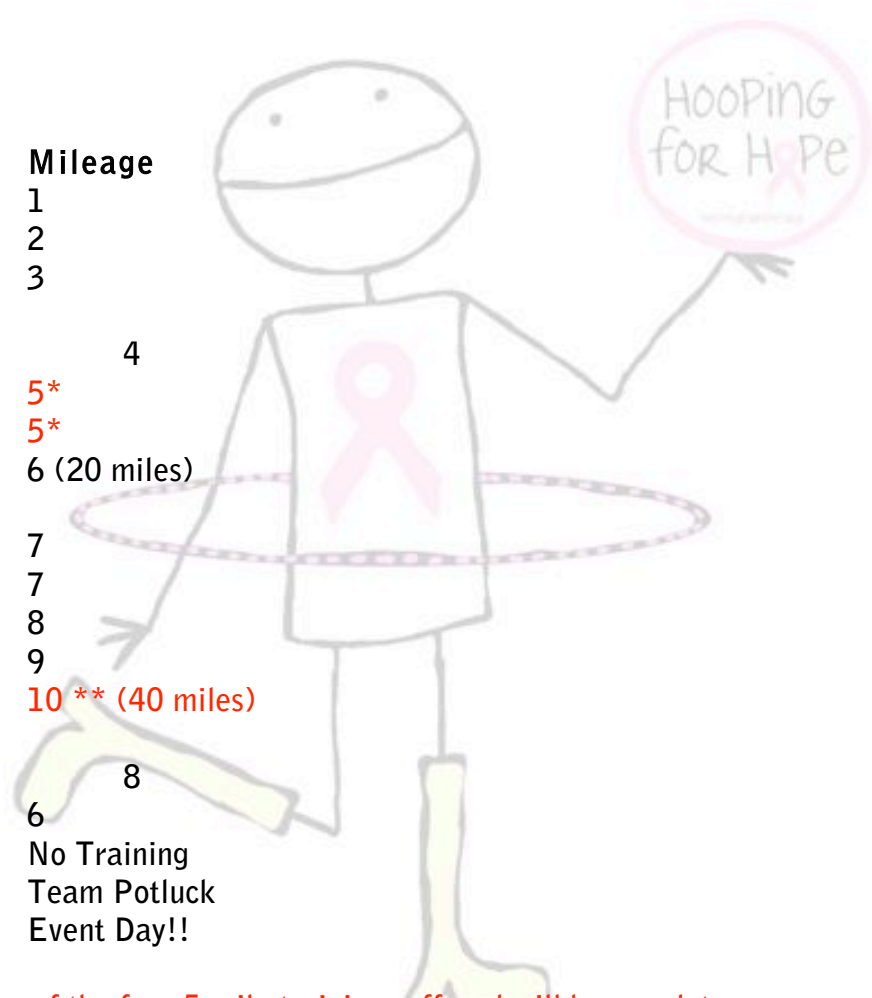


Hooping the Half 2012 Training Schedule

Weekend	Mileage
Jan 14/15	1
Jan 21/22	2
Jan 28/29	3
Feb 4/5	4
Feb 11/12	5*
Feb 18/19	5*
Feb 26/26	6 (20 miles)
Mar 3/4	7
Mar 10/11	7
Mar 17/18	8
Mar 24/25	9
Mar 31/Apr 1	10 ** (40 miles)
Apr 7/8	8
Apr 14/15	6
Apr 21/22	No Training
Apr 27	Team Potluck
Apr 28	Event Day!!



* Participation in one of the four 5-mile trainings offered will be mandatory
 ** Participation in one of the two 10-mile trainings offered will be mandatory

Hoop Presentation Ceremony TBD